

# Moggy Mail

from Moggy Minders

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Moggy Minders

We care, when you're not there!

Moggy Minders

If you've enjoyed this issue of Moggy Mail, please let us know!

We also welcome comments or suggestions for articles for future issues.

If you would like to get in touch, please email us: [info@moggyminders.co.uk](mailto:info@moggyminders.co.uk)

## Caterwauling!

Most cats like to chat, but there's a difference between friendly interaction and keeping you up all night! If your life's being interrupted and disturbed due to a noisy cat, here's what you can do to help:

### Show her the door.

Some cats can never make up their minds: when they're inside they ask to go out, and when they're outside they beg to come in. The simple answer is a cat flap. She'll soon learn how to use it, and come and go as she pleases.

### Get on schedule

Feeding times can be a touchy subject with cats. To make sure yours isn't being left hungry, try leaving dry food out for her to nibble at

all day long. It's best to feed your cat at the same times each day. Once she gets used to the schedule, she'll realise there's no need to remind you.

### Give her extra cuddles

Frequent miaowing is often a cry for attention, so it can be useful if you can find time to set up a game you can play together. Remember, quality time isn't her just sitting on your lap while you watch TV.

### Draw the line

While most cats will chatter less once they get what they're asking for, others won't give up. Whatever you do, don't encourage her. Even if you hold out as long as you can but then respond, you're just teaching her that

the longer she miaows, the more likely she'll get your attention. However hard it is, it's best to ignore her.

### Help her to relax

In some cases, constant crying is a sign of boredom, or stress. Toys will work wonders, especially if they're of a sort which keeps her mentally challenged.

### Maybe she's poorly

While most miaowing is a cry for attention, in some cases it means your cat is unwell, and needs the care of a vet. Noting what your cat is doing when she cries can provide clues as to what the problem is. If she miaows when eating, for example, she could have tender teeth or difficulty swallowing. Similarly, miaowing in the litter box could mean she's constipated. If you're worried take her to the vet.

## Cat Humour!

Did you hear about the cat who drank 5 bowls of water?

**He set a new lap record!**

Why don't cats play poker in the jungle?

**Too many cheetahs!**

What do you call the cat who was caught by the police?

**The purrrrator!**

Where does a cat go when it loses its tail?

**The retail store!**

What do cats like to eat for breakfast?

**Mice Krispies!**

What is a cats favourite magazine?

**Good Mousekeeping!**

How do you know if your cat has eaten a duckling?

**He's got that down in the mouth look!**

What do you call a septic cat?

**Puss!**

**If you know any good cat jokes let us know...**

I found myself in the supermarket the other day, deliberating about what flavour biscuits to buy for my cat, and it inspired me to look into cat food a bit further...

“Complete” foods provide all the nutrients that a cat will need in the right balance, where as “complementary” foods may be missing some vital nutrients. Remember that your cat is a carnivore, and must have amino acids such as taurine that can only be found in meat.

### Cat Food—an overwhelming choice?

#### Wet or Dry?

Dry foods can be practical if you are out all day, as you can leave them out for kitty to nibble on, and they may have benefits for the teeth. However, some cats with urinary problems may find they are aggravated by biscuits and hence wet food would be more suitable.

#### Milk or Water?

Water should always be freely available for your cat—although some, like mine, prefer a puddle to fresh water from the tap!

About a third of cats cannot tolerate cows milk, and it can cause sickness and diarrhea. Specially formulated cat milk should be given as a treat, as it is very high in calories

#### Hot or Cold?

Most cats prefer food served at room temperature, rather than straight from the fridge. Warming food a little to increase its aroma may help to tempt a fussy cat to eat, but make sure it's not too hot! Likewise, sitting down with your cat can also encourage him to eat...!



**“Some suggest that the Russian Blue is therefore hypoallergenic...”**

### All About... Russian Blues

Inspired by Nina and Boris, I thought we'd look a little closer at Russian Blues...

These are a highly intelligent breed, known for their playful nature and the close bonds they develop with their human companions.

They have an elongated body, and a short plush blue grey coat. The coat is a kind of

double coat, with soft and downy undercoat, and equal in length to the top guard hairs which are even blue, with silver tips that gives the coat the shiny appearance.

Russian blues are playful and have been known to open doors and windows. They enjoy playing with toys and do well in houses with children and other pets. They can be

timid around strangers, unless they have been raised in a very active household.

Interestingly, their coat produces less of a glycoprotein, Fel D1, which makes them much less of an allergen source than other cats. Some suggest that the Russian Blue is therefore hypoallergenic, whilst others state no cat is truly allergen free.

### Cat Food Offers

Back by popular demand, we've searched the land to bring you the best deals on cat food...

**Sainsburys :** Whiskas 12 x 100g pouches mix and match any 2 for **£5.50**. Offer subject to availability ends 18th August 2009

**Sainsburys:** Iams - various flavours and sizes. Eg 300g £1.48 reduced from £1.98,

1kg £3.73 reduced from £4.98 and 3kg £10.15 reduced from £13.54. Offer subject to availability ends 25 August 2009

**Pets at Home:** Felix As Good as It Looks 48 pack 2 for **£20**, normally £15.45 each. Offer subject to availability and ends 11 September 2009

**Zooplus:** Cat drinking fountain by Drinkwell reduced to £34.90 from £44.90 inc vat.

Offer subject to availability whilst stocks last.

Tesco: KiteKat 12 x 100g various flavours £2.66 reduced from £2.97. Offer subject to availability and ends on 11 August 2009.

Information correct at time of going to press. Please check with individual retailers for full details.

